

CARE OF YOUR EYE AFTER SURGERY

Appointment Date _____ Time _____ Dr. _____

1. **Expect that your vision may be blurred for several days**, occasionally longer. Every eye is different and some heal slower than others. Do not rub or press on your eye, especially during the first 3-4 weeks after surgery. Wear the eye shield with the point toward your nose. Wear it for one week when you are napping or sleeping.
2. It is not uncommon for the eye to tear, feel scratchy or burn during the first 24 hours. Tylenol/Ibuprofen 2 tablets may be taken every 4-6 hours as needed.
3. **REPORT WITHOUT DELAY if you have any:**
 - ◆ **A sudden decrease or loss of vision, showers of floaters, veils, or cobwebs.**
 - ◆ **Severe pain not relieved by Tylenol/Ibuprofen**

(A doctor may be reached any time after hours through the 24 hour answering service 936-569-8278)

4. It is normal for your vision to have a red or blue color the day of surgery. Wear sunglasses to protect your eyes from sunlight and wind for 2 weeks.
5. Do not drive or operate machinery until cleared by the doctor.
6. Resume all of your medications and regular diet.
7. Rest the day of surgery, but you may resume your normal activities tomorrow, taking care to protect your eyes.
8. **Do not splash tap water in your eyes.** Bathe, shower, and wash hair as usual being careful not to get soap or tap water in your eyes. Do not go swimming or get in a Jacuzzi for 1 week.
9. Bring your bag with all of your eye drops anytime you see the doctor.
10. If glasses are needed to fine tune your vision, your eye doctor will prescribe when your eye is stable.
11. **PLEASE FOLLOW THE EYE DROP INSTRUCTIONS GIVEN TO YOU BY YOUR SURGEON.**

I have read or have had these instructions read to me and I understand to my satisfaction.

Patient/Family _____ Witness _____ Date _____

IF YOU HAVE ANY QUESTIONS CALL 1-800-753-3846 OR 936-569-8278